

# Adult & Older Adult Behavioral Health Services Mission/Vision/Guiding Principles Statement

## **BHS MISSION**

To make people's lives healthier, safer, and more self-sufficient by delivering essential services in San Diego County.

#### **AOA VISION**

To provide recovery and wellness services to adults and older adults in the behavioral health system to be healthier and more independent.

## **PRINCIPLES**

Guiding principles specify that services shall be:

- Person-centered;
- Comprehensive and integrated with a broad array of services;
- Individualized, culture-centered, and built upon person's strengths;
- Provided in the least restrictive and most relevant setting;
- Coordinated care both at the system and service delivery levels;
- Delivered with clients as full partners in their treatment and care;
- Protective of client rights.

### **TREATMENT**

Supportive services and care shall be:

- Planned in consideration of the person's individual goals, diverse needs, concerns, strengths, and motivations.
- Culturally, linguistically, and developmentally appropriate to the individual.
- Based on a continuing assessment of the person's needs and flexible enough to incorporate new information and new technology.
- Planned and delivered in a quality and in a cost-effective manner.
- Built on the assets of the clients and their support systems (family and friends).
- Delivered in open community settings whenever possible.